

Change Management (ONE DAY)



Minerva Pro

Why do people resist change?

Why are they being so negative?

How can I get everyone on board and excited about the change to come?

Why is it so hard to change something?

Change is everywhere. The rate of change is increasing as technology changes and businesses work to become more competitive and streamlined. Reactions to change are varied, ranging from positive and proactive responses to negative and resistant views. We can take concrete steps to make change more palatable. Change does not need to be a struggle. Effective change management leads to the successful implementation of changes that are fully embraced.

How You Will Benefit:

- Understand the range of reactions to change and why they occur.
- Understand the change process and how people move through it.
- Learn the 5 strategies to lead people through change.
- Learn how to make the change stick!
- Learn valuable techniques to manage people's anger and stress

What You Will Cover:

- What is change?
- The change cycle
- The human reaction to change
- The pace of change
- The four room apartment
- Dealing with resistance
- Adapting to change
- Strategies for dealing with anger
- Managing stress

What is Included:

Instruction by an expert facilitator

Small, interactive class with group discussion

Specialised manual

Personalised certificate on completion

Refreshments throughout the day, including lunch

Minerva Learning NZ is an NZTE capability scheme provider. You may be eligible for up to 50% off the value of the course. Contact us to find out if you are eligible!

Booking 5 or more people, contact us to receive a bulk purchase advantage.

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