

# Secrets of Change Management (ONE DAY)



Minerva Learning

Are there other ways to manage change?  
Do we need to change?  
How can I make the transition smooth?

So, we are moving people outside of their comfort zone and they do not like it! Implementations of change often do not address the impact on people and the stress that it can cause. A well planned change transition that is effectively managed will minimise the negative responses and shorten the period of unrest while increasing the level of adoption of the change.

## How You Will Benefit:

- Find different ways of making a change
- Know how to create a change implementation strategy
- Make change easier for yourself and others
- Learn 12 techniques to make change easy for people, including developing their resiliency and stress management
- Learn how to make the change stick

## What You Will Cover:

- What is change?
- 3 different change models
- 6 reactions to change
- Identify the need for change. What are the costs and benefits
- Setting the vision and goal
- Responding to change
- Creating and implementing a change strategy
- Planning for change
- Communication skills
- Empowering employees
- Building resiliency
- Acknowledging reactions
- Dealing with emotions
- Managing negative stress

## What is Included:

Instruction by an expert facilitator  
Small, interactive class with group discussion  
Specialised manual  
Personalised certificate on completion  
Refreshments throughout the day, including lunch

Minerva Learning NZ is an NZTE Capability Scheme provider. You may be eligible for up to 50% off the value of the course. Contact us to find out if you are eligible!

Booking 5 or more people, contact us to receive a bulk purchase advantage.

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